

JUL 30 1925

LIBRARY OF  
UNIVERSITY OF CALIFORNIA  
MEDICAL SCHOOL

## CALIFORNIA STATE BOARD OF HEALTH

# Weekly Bulletin

GEORGE E. EBRIGHT, M. D.  
PRESIDENT

FRED F. GUNDRUM, M. D.  
VICE PRESIDENT

A. J. SCOTT, JR., M. D.



EDWARD F. GLASER, M. D.

ADELAIDE BROWN, M. D.

ROBERT A. PEERS, M. D.

WALTER M. DICKIE, M. D.  
SECRETARY AND EXECUTIVE OFFICER

Entered as second-class matter February 21, 1922, at the post office at Sacramento, California, under the Act of August 24, 1912.

Acceptance for mailing at special rate of postage provided for in Section 1103, Act of October 3, 1917.

Vol. IV, No. 24

JULY 25, 1925

GUY P. JONES  
EDITOR

### What Child Hygiene Bureau Offers Public.

The Bureau of Child Hygiene of the California State Board of Health offers the following services to organizations wishing to use them:

#### I. Speakers on the following topics:

(a) Prenatal care of mother and child.

The prenatal development of the child; general hygiene of the normal pregnant woman; medical supervision of the pregnant woman—why, how and when; clothing for mother and infant.

(b) Breast feeding.

Its value; how to maintain it; diet for the nursing mother; weaning.

(c) The infant (birth to two years).

General care; hygiene; diet and habit training.

(d) The run-about child (two to four years).

General care; development, diet, etc.

(e) The preschool child (four to six years).

General care; development; diet, habit training.

(f) Habit training for little children.  
Training in health habits and conduct.

(g) The prevention of disease in the young child.

(h) Round table discussions with small groups.

This may be on any of the above

topics and will be given by the medical members of the staff. Especial attention is being given to such round tables for groups of expectant mothers.

NOTE.—1. As our staff is small and their schedules are made out several months ahead, requests for talks should be made as early as possible. 2. Speakers should be allowed not less than thirty minutes on a program. 3. There is no expense for these services as they are part of the general program of the bureau.

#### II. Health conferences.

Health conferences for well children under six years of age will be conducted by the physicians of our staff when time permits. Requests for this service should be concurred in by the physicians in the community making the request. It is sometimes desirable to arrange a talk or round table on the day before or after such a health conference.

#### III. Demonstrations and exhibits:

(a) Demonstration for prenatal groups.

The preparation of supplies and of room and bed for confinement; care of breasts and nipples; suitable clothing.

(b) Demonstration of infant care.

General care of young infant; bathing, dressing, care of eyes, genitals, etc.; suitable bed; suitable clothing; care of food and tonsils.

(c) Exhibits of suitable toys for infants and run-about.

(d) Educational exhibit of posters, pamphlets, etc.



- (e) Films and slides.
  - "Well Born."
  - "Motherhood."
  - "Baby's Bath and Toilet."
  - "Bringing it Home."

#### IV. Educational material.

- (a) Study club outlines.
  1. General outline of study of child—14 lessons.
  2. More detailed study of the pre-natal life of the child—14 lessons.
  3. More detailed study of the infant—14 lessons.
  4. More detailed study of the child from two to six years—14 lessons.
- (b) Pamphlets.
  - Advice for expectant mothers.
  - Breast feeding.
  - Care of the baby.
  - Clothes for California children.
  - Dental care for the prospective mother.
  - Dental care—birth to six years.
  - Diet slips:
    - Birth to one year of age.
    - One to two years of age.
    - Two to six years of age.
  - Mental training of the young child.
  - Prenatal letters.
  - Prenatal care.
  - Infant care.
  - Child care.

#### (c) Supplementary leaflets.



#### New Health Officers Receive Appointment.

Dr. E. B. Philbrook has been appointed health officer of the city of Santa Cruz to succeed Dr. W. H. Congdon.

Dr. Charna G. Perry succeeds Dr. Allen H. Vance as city health officer of Sausalito.



#### 1500 Immunized Against Diphtheria.

Dr. K. H. Sutherland, health officer of San Luis Obispo County, has conducted an active campaign of immunization against diphtheria. As a result, nearly 1500 individuals, 1358 of whom are of school age, have received toxin anti-toxin. One hundred and forty-two of these individuals are of preschool age. It is interesting to note, also, that 44 Japanese children were given toxin anti-toxin. Dr. Sutherland was assisted in this work by Mrs. Ellen Stevens, public health nurse.



Health habits in childhood build a sturdy manhood.

#### Program for Public Health Nurses' Institute.

Following is the program for the Institute for Public Health Nurses, to be held at the Southern Branch of the University of California, Los Angeles, July 20th to 31st:

##### Monday, July 20—

- 1 p.m.—County Health Department; Organization and Administration. Dr. J. L. Pomeroy, Los Angeles County Health Officer.
- 2 p.m.—Communicable Disease. Dr. George Parrish, Los Angeles City Health Officer.
- 3 p.m.—Sanitary Inspection. Mr. E. J. Bumiller, Los Angeles County Health Department.

##### Tuesday, July 21—

- 1 p.m.—Place of the Hospital in Public Health. Dr. Percy T. Magan, Dean, White Memorial Hospital.
- 2 p.m.—County Laboratory. Dr. R. V. Stone, Los Angeles County Health Department.
- 3 p.m.—Health Centers. Mrs. Helen D. Halvorsen, Assistant Chief Nurse, Los Angeles County Health Department.

##### Wednesday, July 22—

- 1 p.m.—Recreation, History and Organization; Swimming Pools. Mr. C. B. Raitt, Superintendent of Playgrounds, Los Angeles City.
- 2 p.m.—County Camps. Miss Alma Wilson, Assistant Superintendent of Playgrounds, Los Angeles City.
- 3 p.m.—Discussion.

##### Tuesday, July 23—

- 1 p.m.—Social Service. Mr. William H. Holland, Superintendent of County Charities.
- 2 p.m.—Mental Hygiene. Mr. L. S. Howard, Director of Child Welfare, Pasadena City Schools.
- 3 p.m.—County Institutions. Mr. J. H. Bean, Member of Board of Supervisors, Los Angeles County.

##### Friday, July 24—

- 1 p.m.—Public Health Angles of Oral Hygiene. Dr. Floyd E. Hogeboom.
- 2 p.m.—Prevention of Some of the Common Jaw Deformities. Howard Stallard, Ph.D., D.D.S.
- 3 p.m.—Oral Hygiene in Los Angeles County Schools. Mrs. Emma P. Durbin, Director, Oral Hygiene Division, Los Angeles County Health Department.

##### Monday, July 27—

- 1 p.m.—Legitimate Scope of the Work of the School Nurse. Dr. Herbert R. Stolz, Director, Physical Education, California State Board of Education.
- 2 p.m.—The Nurse's Position in the Educational Program. Edith S. Bryan, Assistant Professor Public Health Nursing, University of California.
- 3 p.m.—Discussion.



Tuesday, July 28—

1 p.m.—Record Keeping of Health Inspection. Dr. Stolz.

2 p.m.—Preschool Drive. Dr. Ellen Stadtmuller, Director of Bureau of Child Hygiene, State Board of Health.

3 p.m.—Discussion.

Wednesday, July 29—

1 p.m.—Health Habit Training in the Schools. Dr. Stolz.

2 p.m.—How to Interest Children in Hygiene. Miss Alma Dobbs, Assistant Supervisor of Physical Education, City Schools, Los Angeles.

3 p.m.—Discussion.

Thursday, July 30—

1 p.m.—Tuberculosis. Mrs. Edythe Tate-Thompson, Director, Bureau of Tuberculosis, California State Board of Health.

2 p.m.—Summer Health School. Ann Raymond, R.N.

3 p.m.—The Juvenile Court Doctor. Dr. Miriam Van Waters.

Friday, July 31—

1 p.m.—Health Education. Dr. Wm. M. Happ, Los Angeles City School Department.

2 p.m.—Child Welfare. Mr. Mark Keppel, Superintendent, Los Angeles County Schools.

3 p.m.—School Nursing. Miss Lillian Simpson, Chief Nurse, Los Angeles County Health Department.



### Poliomyelitis Shows Increased Prevalence.

There have been 48 cases of poliomyelitis reported during the week ending July 18, making 91 the total number of cases reported this month. During the entire month of June 76 cases of the disease were reported.

The time to exercise control measures, in an effort to check the spread of this disease, is right now. Every case of poliomyelitis that is not placed under control at the present time may be a factor in the development of a tremendous outbreak two or three months hence. Health officers, physicians, nurses, osteopaths, chiropractors and Christian Science practitioners have been advised, by letter, of the exact status of poliomyelitis in California at the present time. They have been provided with adequate information concerning how to institute measures of control. They have been provided with a rough outline of the symptoms of the disease, together with other information that may be helpful in preventing its spread.

The full cooperation of every practitioner is necessary if the advance of poliomyelitis is to be checked. It is imperative that all cases of illness that may show symptoms like those of poliomye-

litis be reported and investigated without delay. The immediate reporting of such cases is the most important step in the control of the disease.



### Napa County Organizes Mosquito Abatement Work.

The Napa County Mosquito Abatement District was created by unanimous vote of the Board of Supervisors at their regular meeting on July 14th. The new district is number eighteen in this state and covers an area of 783 square miles, embracing all of the county of Napa.

This is outside of the malaria belt and although some *Anopheles* mosquitoes are encountered in limited areas of the county they can be here classed with the pest varieties. The only extensive mosquito breeding area found in the county is in the salt marsh lands in the southern portion. It was primarily for the elimination of salt marsh mosquitoes from this area that the district was organized. At times, in the past, swarms of the insects invaded the territory for several miles inland, making life miserable for its inhabitants or those who were unfortunate enough to stop in the infested territory.

The step just taken is one which should be followed by all districts with similar problems that have hopes of advancing in community progress. Although there are many places where mosquitoes are worse than in even the infested sections of Napa County the citizens are intent on removing every obstacle to the march of progress in their midst.



Prevention of disease is more important than cure.



Apples and oranges are good for the bones and teeth of children.



### Correction of Vaccination Figures.

In the WEEKLY BULLETIN of July 11th, in an article by Dr. G. J. Telfer, entitled "Technique of Vaccination," it was stated that approximately 1,000,000 vaccinations against smallpox were done last fall in the San Joaquin Valley. Obviously this is an error for which the author of the article is in no way to blame. The approximate number of such vaccinations performed at that time was 100,000.



The undernourished child gets far less attention than the average automobile. Compare yours.



**MORBIDITY.\*****Diphtheria.**

55 cases of diphtheria have been reported, as follows: Los Angeles 18, Oakland 5, San Bernardino 1, Santa Rosa 1, Kings County 2, Corona 1, San Francisco 3, Los Angeles County 4, Bakersfield 1, Merced County 2, Fresno 3, Ventura County 1, Monrovia 1, Fresno 1, Red Bluff 1, Sacramento 2, Hollister 1, Redondo Beach 1, Hermosa Beach 1, Stanislaus County 1, Santa Ana 2, Santa Clara County 1, Burlingame 1.

**Measles.**

34 cases of measles have been reported, as follows: Los Angeles 17, Hawthorne 1, Huntington Park 2, San Francisco 4, Glendale 1, Los Angeles County 1, San Diego County 1, Fresno County 1, Modoc County 1, Berkeley 1, Alameda 1, Venice 1, Lassen County 1, San Diego 1.

**Scarlet Fever.**

42 cases of scarlet fever have been reported, as follows: Los Angeles 7, Los Angeles County 9, Santa Clara County 4, San Diego County 3, Fresno 1, San Jose 1, Bakersfield 2, Alameda 1, San Benito County 1, Salinas 1, Glendale 1, Oakland 2, Corona 1, San Diego 2, Long Beach 2, San Francisco 4.

**Smallpox.**

49 cases of smallpox have been reported, as follows: Los Angeles 25, Los Angeles County 6, Orange County 1, Fresno 1, Glendale 1, Berkeley 3, Yosemite 1, Alameda County 1, San Diego 2, San Francisco 4, Oakland 3, San Bernardino 1.

**Typhoid Fever.**

16 cases of typhoid fever have been reported, as follows: Reedley 1, Kings County

1, Lassen County 1, Ontario 1, Imperial County 1, Sunnyvale 1, Yolo County 1, Fresno County 3, Berkeley 1, Los Angeles County 1, Selma 1, Inyo County 1, California 2.

**Whooping Cough.**

153 cases of whooping cough have been reported, as follows: Los Angeles 47, Pasadena 19, San Diego 18, Berkeley 9, San Francisco 11, Fresno 6, Palo Alto 5, Santa Rosa 2, Pittsburg 1, Sacramento County 1, Los Angeles County 1, Angels Camp 1, Stanislaus County 1, Sierra Madre 2, Long Beach 3, San Diego County 2, Santa Clara County 3, San Jose 2, Alameda 2, Riverside 4, Sacramento 2, Hawthorne 1, Glendale 3, Oakland 7.

**Poliomyelitis.**

41 cases of poliomyelitis have been reported, as follows: Los Angeles 21, Orange County 1, Fresno County 2, Kern County 1, Venice 1, Los Angeles County 3, San Diego 1, Long Beach 1, Contra Costa County 1, Sacramento County 1, Oakland 2, Pomona 1, Berkeley 1, Sacramento 2, San Francisco 1, Bishop 1.

**Epidemic Meningitis.**

Ukiah reported one case of epidemic meningitis.

**Leprosy.**

Sacramento County reported one case of leprosy.

**Epidemic Encephalitis.**

Two cases of epidemic encephalitis have been reported as follows: Colton 1, San Francisco 1.

\*From reports received on July 20th and 21st for week ending July 18th.

**COMMUNICABLE DISEASE REPORTS.**

Disease	1925				1924			
	Week ending			Reports for week ending July 18 received by July 21	Week ending			Reports for week ending July 19 received by July 22
	June 27	July 4	July 11		June 28	July 5	July 12	
Anthrax.....	0	0	0	0	0	0	0	0
Chickenpox.....	105	71	71	48	197	109	84	45
Diphtheria.....	61	83	63	55	249	161	159	114
Dysentery (Bacillary).....	1	2	5	0	15	33	0	0
Epidemic Encephalitis.....	1	6	8	2	6	5	1	1
Epidemic Meningitis.....	1	1	3	1	3	1	2	1
Gonorrhoea.....	65	95	90	61	84	46	96	22
Influenza.....	13	12	5	6	1	3	3	3
Leprosy.....	0	1	1	1	2	0	1	1
Malaria.....	2	5	2	1	3	5	1	1
Measles.....	53	34	34	34	255	132	127	29
Mumps.....	120	80	83	57	49	40	25	10
Pneumonia.....	28	36	66	15	87	27	13	21
Poliomyelitis.....	21	22	25	41	1	4	1	2
Scarlet Fever.....	63	66	60	42	118	78	58	44
Smallpox.....	104	63	67	49	133	99	102	41
Syphilis.....	92	179	70	109	119	82	150	34
Tuberculosis.....	181	215	135	132	220	158	156	139
Typhoid Fever.....	13	22	21	16	30	29	37	24
Whooping Cough.....	197	168	244	153	68	37	69	37
Totals.....	1121	1161	1053	823	1640	1049	1085	569

CALIFORNIA STATE PRINTING OFFICE

O